

NOM :	ADRESSE :
PRÉNOM :	



SEMAINE DU 27 MAI AU 02 JUIN 2024

RESERVATION AVANT LE JEUDI

NUMERO DE TELEPHONE : **087/69.33.10** ou MAIL : **repas@cpas-herve.be**



MERCİ DE COMPLETER VOTRE CHOIX DANS LES CASES CI-DESSOUS EN INDIQUANT LE NOMBRE DE REPAS SOUHAİTÉ ET DE RENDRE LA FEUILLE A NOS AGENTS POUR JEUDI AU PLUS TARD

	MENU DU JOUR	MENU DE REMPLACEMENT	3ème CHOIX
	MENU FROID A RECHAUFFER	MENU FROID A RECHAUFFER	NE PAS RECONGELER ! MENU FROID A RECHAUFFER
LUNDI 27/05	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: green; margin: 0;">CREME DE TOMATE 1-7-9</p> <p style="color: green; margin: 0;">MELEE LIEGEOISE 7-10-12</p> <p style="color: green; margin: 0;">JAMBON ROTI</p> <p style="color: green; margin: 0;">DESSERT DU JOUR</p>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: magenta; margin: 0;">CREME DE TOMATE 1-7-9</p> <p style="color: magenta; margin: 0;">ROTI DE DINDE SCE MADERE 12</p> <p style="color: magenta; margin: 0;">COURGETTES AUX HERBES</p> <p style="color: magenta; margin: 0;">POMMES NATURE</p> <p style="color: magenta; margin: 0;">DESSERT DU JOUR</p>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: blue; margin: 0;">POTAGE</p> <p style="color: blue; margin: 0;">CORDON BLEU 7</p> <p style="color: blue; margin: 0;">COMPOTE</p> <p style="color: blue; margin: 0;">PUREE 7</p> <p style="color: blue; margin: 0;">DESSERT DU JOUR</p>
MARDI 28/05	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: green; margin: 0;">POTAGE AUX POIS 1-3-7</p> <p style="color: green; margin: 0;">BOUDIN BLANC</p> <p style="color: green; margin: 0;">COMPOTE 7</p> <p style="color: green; margin: 0;">PUREE</p> <p style="color: green; margin: 0;">DESSERT DU JOUR</p>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: magenta; margin: 0;">POTAGE AUX POIS 12</p> <p style="color: magenta; margin: 0;">ROTI DE DINDE SCE MADERE</p> <p style="color: magenta; margin: 0;">COURGETTES AUX HERBES</p> <p style="color: magenta; margin: 0;">POMMES NATURE</p> <p style="color: magenta; margin: 0;">DESSERT DU JOUR</p>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: blue; margin: 0;">POTAGE</p> <p style="color: blue; margin: 0;">CORDON BLEU 7</p> <p style="color: blue; margin: 0;">COMPOTE</p> <p style="color: blue; margin: 0;">PUREE 7</p> <p style="color: blue; margin: 0;">DESSERT DU JOUR</p>
MERCREDI 29/05	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: green; margin: 0;">POTAGE AU PANAI</p> <p style="color: green; margin: 0;">MEDAILLON DE VEAU SCE MOUTARD</p> <p style="color: green; margin: 0;">SALADE</p> <p style="color: green; margin: 0;">POMMES NATURE</p> <p style="color: green; margin: 0;">DESSERT DU JOUR</p>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: magenta; margin: 0;">POTAGE AU PANAI</p> <p style="color: magenta; margin: 0;">SAUTE DE PORC</p> <p style="color: magenta; margin: 0;">CHOU ROUGE</p> <p style="color: magenta; margin: 0;">POMMES NATURE</p> <p style="color: magenta; margin: 0;">DESSERT DU JOUR</p>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: blue; margin: 0;">POTAGE</p> <p style="color: blue; margin: 0;">CORDON BLEU 7</p> <p style="color: blue; margin: 0;">COMPOTE</p> <p style="color: blue; margin: 0;">PUREE 7</p> <p style="color: blue; margin: 0;">DESSERT DU JOUR</p>
JEUDI 30/05	<p style="color: purple; margin: 0;"><u>PLAT FROID :</u></p> <div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: green; margin: 0;">POTAGE AU BUTTERNUT</p> <p style="color: green; margin: 0;">ROASTBEEF</p> <p style="color: green; margin: 0;">SALADE DE CONCOMBRES 3-10</p> <p style="color: green; margin: 0;">POMMES DE TERRE MAYONNAISE</p> <p style="color: green; margin: 0;">DESSERT DU JOUR</p>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: magenta; margin: 0;">POTAGE AU BUTTERNUT</p> <p style="color: magenta; margin: 0;">SAUTE DE PORC</p> <p style="color: magenta; margin: 0;">CHOU ROUGE</p> <p style="color: magenta; margin: 0;">POMMES NATURE</p> <p style="color: magenta; margin: 0;">DESSERT DU JOUR</p>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: blue; margin: 0;">POTAGE</p> <p style="color: blue; margin: 0;">CORDON BLEU 7</p> <p style="color: blue; margin: 0;">COMPOTE</p> <p style="color: blue; margin: 0;">PUREE 7</p> <p style="color: blue; margin: 0;">DESSERT DU JOUR</p>
VENDREDI 31/05	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: green; margin: 0;">POTAGE LENTILLES CORAIL & CAROTTES</p> <p style="color: green; margin: 0;">FILET DE LIEU NOIR 4</p> <p style="color: green; margin: 0;">SAUCE BASQUAISE</p> <p style="color: green; margin: 0;">POMMES GRENAILLE</p> <p style="color: green; margin: 0;">DESSERT DU JOUR</p>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: magenta; margin: 0;">POTAGE LENTILLES CORAIL & CAROTTES</p> <p style="color: magenta; margin: 0;">SAUCISSE</p> <p style="color: magenta; margin: 0;">BROCOLI</p> <p style="color: magenta; margin: 0;">POMMES NATURE</p> <p style="color: magenta; margin: 0;">DESSERT DU JOUR</p>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: blue; margin: 0;">POTAGE</p> <p style="color: blue; margin: 0;">CORDON BLEU 7</p> <p style="color: blue; margin: 0;">COMPOTE</p> <p style="color: blue; margin: 0;">PUREE 7</p> <p style="color: blue; margin: 0;">DESSERT DU JOUR</p>
MENU DU WEEK-END LIVRÉ LE VENDREDI			
SAMEDI 01/06	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: green; margin: 0;">POTAGE DU JOUR</p> <p style="color: green; margin: 0;">SAUCISSE</p> <p style="color: green; margin: 0;">BROCOLI</p> <p style="color: green; margin: 0;">POMMES NATURE</p> <p style="color: green; margin: 0;">DESSERT DU JOUR</p>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="font-size: 2em; margin: 0;">O</p> <p style="font-size: 2em; margin: 0;">U</p>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: blue; margin: 0;">POTAGE</p> <p style="color: blue; margin: 0;">CORDON BLEU 7</p> <p style="color: blue; margin: 0;">COMPOTE</p> <p style="color: blue; margin: 0;">PUREE 7</p> <p style="color: blue; margin: 0;">DESSERT DU JOUR</p>
DIMANCHE 02/06	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: green; margin: 0;">POTAGE DU JOUR</p> <p style="color: green; margin: 0;">STEAK HACHE</p> <p style="color: green; margin: 0;">POIS ET CAROTTES</p> <p style="color: green; margin: 0;">POMMES NATURE</p> <p style="color: green; margin: 0;">DESSERT DU JOUR</p>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="font-size: 2em; margin: 0;">O</p> <p style="font-size: 2em; margin: 0;">U</p>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: blue; margin: 0;">POTAGE</p> <p style="color: blue; margin: 0;">CORDON BLEU 7</p> <p style="color: blue; margin: 0;">COMPOTE</p> <p style="color: blue; margin: 0;">PUREE 7</p> <p style="color: blue; margin: 0;">DESSERT DU JOUR</p>

MENU FROID A RECHAUFFER

FOUR PRECHAUFFE 150°C PENDANT 30 MINUTES

FOUR MICRO-ONDES - PUISSANCE 500 W PENDANT 2-3 MINUTES

CONSERVATION DES REPAS : AU FRIGO + 4°C MAXIMUM ET 3 JOURS MAXIMUM



ALLERGENES :



gluten

= 1



soja

= 6



sésame

= 11



crustacés

= 2



lait

= 7



sulfites

= 12



oeufs

= 3



fruits à coque

= 8



lupin

= 13



poisson

= 4



céleri

= 9



molluques

= 14



arachide

= 5



moutarde

= 10