

NOM :	ADRESSE :
PRÉNOM :	



SEMAINE DU 03 AU 09 NOVEMBRE 2025

RESERVATION AVANT LE JEUDI MIDI

NUMERO DE TELEPHONE : **087/69.33.10** ou MAIL : repas@cpas-herve.be



MERCI DE COMPLETER VOTRE CHOIX DANS LES CASES CI-DESSOUS EN INDIQUANT LE NOMBRE DE REPAS SOUHAITÉ ET DE RENDRE LA FEUILLE A NOS AGENTS POUR JEUDI AU PLUS TARD

RD 1

MENU DU JOUR

MENU DE REMPLACEMENT

3ème CHOIX

NE PAS RECONGELER !
MENU FROID A RECHAUFFER

MENU FROID A RECHAUFFER

MENU FROID A RECHAUFFER

	MENU FROID A RECHAUFFER	MENU FROID A RECHAUFFER	3ème CHOIX MENU FROID A RECHAUFFER
LUNDI 03/11	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: green; margin: 0;">POTAGE AU BROCOLI BŒUF BOURGUIGNON</p> <p style="text-align: right; color: green; margin: 0;">1-12 O</p> <p style="color: green; margin: 0;">GRATIN DAUPHINOIS</p> <p style="text-align: right; color: green; margin: 0;">7 U</p> <p style="color: green; margin: 0;">DESSERT DU JOUR</p>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: magenta; margin: 0;">POTAGE AU BROCOLI ROTI DE DINDE SCE MADERE</p> <p style="text-align: right; color: magenta; margin: 0;">12 O</p> <p style="color: magenta; margin: 0;">COURGETTES AUX HERBES</p> <p style="color: magenta; margin: 0;">POMMES NATURE</p> <p style="color: magenta; margin: 0;">DESSERT DU JOUR</p>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: blue; margin: 0;">POTAGE CUISSÉ DE LAPIN</p> <p style="color: blue; margin: 0;">COMPOTE</p> <p style="color: blue; margin: 0;">POMMES NATURE</p> <p style="color: blue; margin: 0;">DESSERT DU JOUR</p>
MARDI 04/11	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: green; margin: 0;">POTAGE CELERI RAVE</p> <p style="text-align: right; color: green; margin: 0;">9 O</p> <p style="color: green; margin: 0;">STEAK ARDENNAIS</p> <p style="text-align: right; color: green; margin: 0;">1-3-8</p> <p style="color: green; margin: 0;">CHOU-FLEUR BECHAMEL</p> <p style="text-align: right; color: green; margin: 0;">1-7 U</p> <p style="color: green; margin: 0;">POMMES NATURE</p> <p style="color: green; margin: 0;">DESSERT DU JOUR</p>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: magenta; margin: 0;">POTAGE CELERI RAVE</p> <p style="text-align: right; color: magenta; margin: 0;">9 O</p> <p style="color: magenta; margin: 0;">ROTI DE DINDE SCE MADERE</p> <p style="text-align: right; color: magenta; margin: 0;">12 O</p> <p style="color: magenta; margin: 0;">COURGETTES AUX HERBES</p> <p style="color: magenta; margin: 0;">POMMES NATURE</p> <p style="color: magenta; margin: 0;">DESSERT DU JOUR</p>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: blue; margin: 0;">POTAGE CUISSÉ DE LAPIN</p> <p style="color: blue; margin: 0;">COMPOTE</p> <p style="color: blue; margin: 0;">POMMES NATURE</p> <p style="color: blue; margin: 0;">DESSERT DU JOUR</p>
MERCREDI 05/11	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: green; margin: 0;">POTAGE AUX CONCOMBRES</p> <p style="text-align: right; color: green; margin: 0;">1-7 O</p> <p style="color: green; margin: 0;">VOL AU VENT</p> <p style="color: green; margin: 0;">POMMES NATURE</p> <p style="color: green; margin: 0;">DESSERT DU JOUR</p>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: magenta; margin: 0;">POTAGE AUX CONCOMBRES</p> <p style="text-align: right; color: magenta; margin: 0;">3-7-9-10 O</p> <p style="color: magenta; margin: 0;">CARBONNADES DE DINDE</p> <p style="color: magenta; margin: 0;">ANANAS CURRY</p> <p style="color: magenta; margin: 0;">POMMES NATURE</p> <p style="color: magenta; margin: 0;">DESSERT DU JOUR</p>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: blue; margin: 0;">POTAGE CUISSÉ DE LAPIN</p> <p style="color: blue; margin: 0;">COMPOTE</p> <p style="color: blue; margin: 0;">POMMES NATURE</p> <p style="color: blue; margin: 0;">DESSERT DU JOUR</p>
JEUDI 06/11	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: green; margin: 0;">POTAGE AU POTIRON</p> <p style="text-align: right; color: green; margin: 0;">1 O</p> <p style="color: green; margin: 0;">BOULETTES A LA GRECQUE</p> <p style="text-align: right; color: green; margin: 0;">1 U</p> <p style="color: green; margin: 0;">SCE TOMATES AUBERGINES OLIVES</p> <p style="color: green; margin: 0;">DESSERT DU JOUR</p>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: magenta; margin: 0;">POTAGE AU POTIRON</p> <p style="text-align: right; color: magenta; margin: 0;">3-7-9-10 O</p> <p style="color: magenta; margin: 0;">CARBONNADES DE DINDE</p> <p style="color: magenta; margin: 0;">ANANAS CURRY</p> <p style="color: magenta; margin: 0;">POMMES NATURE</p> <p style="color: magenta; margin: 0;">DESSERT DU JOUR</p>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: blue; margin: 0;">POTAGE CUISSÉ DE LAPIN</p> <p style="color: blue; margin: 0;">COMPOTE</p> <p style="color: blue; margin: 0;">POMMES NATURE</p> <p style="color: blue; margin: 0;">DESSERT DU JOUR</p>
VENDREDI 07/11	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: green; margin: 0;">POTAGE AUX OIGNONS</p> <p style="text-align: right; color: green; margin: 0;">4-7 O</p> <p style="color: green; margin: 0;">FILET DE SAUMON SCE BEARNAISE</p> <p style="text-align: right; color: green; margin: 0;">7 U</p> <p style="color: green; margin: 0;">SALADE</p> <p style="color: green; margin: 0;">POMMES NATURE</p> <p style="color: green; margin: 0;">DESSERT DU JOUR</p>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: magenta; margin: 0;">POTAGE AUX OIGNONS</p> <p style="text-align: right; color: magenta; margin: 0;">9 O</p> <p style="color: magenta; margin: 0;">STEAK HACHE</p> <p style="color: magenta; margin: 0;">BRUNOISE DE LEGUMES</p> <p style="color: magenta; margin: 0;">POMMES NATURE</p> <p style="color: magenta; margin: 0;">DESSERT DU JOUR</p>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: blue; margin: 0;">POTAGE CUISSÉ DE LAPIN</p> <p style="color: blue; margin: 0;">COMPOTE</p> <p style="color: blue; margin: 0;">POMMES NATURE</p> <p style="color: blue; margin: 0;">DESSERT DU JOUR</p>
MENU DU WEEK-END LIVRÉ LE VENDREDI			
SAMEDI 08/11	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: green; margin: 0;">POTAGE DU JOUR</p> <p style="color: green; margin: 0;">STEAK HACHE</p> <p style="text-align: right; color: green; margin: 0;">9 O</p> <p style="color: green; margin: 0;">BRUNOISE DE LEGUMES</p> <p style="color: green; margin: 0;">POMMES NATURE</p> <p style="color: green; margin: 0;">DESSERT DU JOUR</p>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="font-size: 2em; margin: 0;">O</p> <p style="font-size: 2em; margin: 0;">U</p>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: blue; margin: 0;">POTAGE CUISSÉ DE LAPIN</p> <p style="color: blue; margin: 0;">COMPOTE</p> <p style="color: blue; margin: 0;">POMMES NATURE</p> <p style="color: blue; margin: 0;">DESSERT DU JOUR</p>
DIMANCHE 09/11	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: green; margin: 0;">POTAGE DU JOUR</p> <p style="color: green; margin: 0;">MEDAILLON DE PORC</p> <p style="color: green; margin: 0;">PETITS POIS</p> <p style="color: green; margin: 0;">POMMES NATURE</p> <p style="color: green; margin: 0;">DESSERT DU JOUR</p>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="font-size: 2em; margin: 0;">O</p> <p style="font-size: 2em; margin: 0;">U</p>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: blue; margin: 0;">POTAGE CUISSÉ DE LAPIN</p> <p style="color: blue; margin: 0;">COMPOTE</p> <p style="color: blue; margin: 0;">POMMES NATURE</p> <p style="color: blue; margin: 0;">DESSERT DU JOUR</p>

MENU FROID A RECHAUFFER

FOUR PRECHAUFFE 150°C PENDANT 30 MINUTES

FOUR MICRO-ONDES - PUISSANCE 500 W PENDANT 2-3 MINUTES

CONSERVATION DES REPAS : AU FRIGO + 4°C MAXIMUM ET 3 JOURS MAXIMUM



ALLERGENES :



gluten

= 1



soja

= 6



sésame

= 11



crustacés

= 2



lait

= 7



sulfites

= 12



oeufs

= 3



fruits à coque

= 8



lupin

= 13



poisson

= 4



céleri

= 9



molluques

= 14



arachide

= 5



moutarde

= 10