

NOM :	ADRESSE :
PRÉNOM :	



SEMAINE DU 19 AU 25 MAI 2025

RESERVATION AVANT LE JEUDI

NUMERO DE TELEPHONE : **087/69.33.10** ou MAIL : repas@cpas-herve.be



MERCI DE COMPLETER VOTRE CHOIX DANS LES CASES CI-DESSOUS EN INDIQUANT LE NOMBRE DE REPAS SOUHAITÉ ET DE RENDRE LA FEUILLE A NOS AGENTS POUR JEUDI AU PLUS TARD

	MENU DU JOUR	MENU DE REMPLACEMENT	3ème CHOIX
	MENU FROID A RECHAUFFER	MENU FROID A RECHAUFFER	NE PAS RECONGELER ! MENU FROID A RECHAUFFER
LUNDI 19/05	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: green; margin: 0;">VELOUTE DE CHAMPIGNONS 1-7</p> <p style="color: green; margin: 0;">CORDON BLEU 7</p> <p style="color: green; margin: 0;">DUO DE CAROTTES O</p> <p style="color: green; margin: 0;">POMMES NATURE U</p> <p style="color: green; margin: 0;">DESSERT DU JOUR</p>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: magenta; margin: 0;">VELOUTE DE CHAMPIGNONS 1-7</p> <p style="color: magenta; margin: 0;">ROTI DE VEAU SCE POIVRADE 1-9</p> <p style="color: magenta; margin: 0;">COURGETTES AUX HERBES O</p> <p style="color: magenta; margin: 0;">POMMES NATURE U</p> <p style="color: magenta; margin: 0;">DESSERT DU JOUR</p>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: blue; margin: 0;">POTAGE</p> <p style="color: blue; margin: 0;">CUISSSE DE POULET</p> <p style="color: blue; margin: 0;">COMPOTE</p> <p style="color: blue; margin: 0;">POMMES NATURE</p> <p style="color: blue; margin: 0;">DESSERT DU JOUR</p>
MARDI 20/05	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: green; margin: 0;">VELOUTE DE VOLAILLE 1-3-7-9</p> <p style="color: green; margin: 0;">BLANQUETTE DE VEAU 1-3-7-12</p> <p style="color: green; margin: 0;">POMMES NATURE O</p> <p style="color: green; margin: 0;">DESSERT DU JOUR U</p>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: magenta; margin: 0;">VELOUTE DE VOLAILLE 1-3-7-9</p> <p style="color: magenta; margin: 0;">ROTI DE VEAU SCE POIVRADE 1-9</p> <p style="color: magenta; margin: 0;">COURGETTES AUX HERBES 7</p> <p style="color: magenta; margin: 0;">POMMES NATURE O</p> <p style="color: magenta; margin: 0;">DESSERT DU JOUR U</p>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: blue; margin: 0;">POTAGE</p> <p style="color: blue; margin: 0;">CUISSSE DE POULET</p> <p style="color: blue; margin: 0;">COMPOTE</p> <p style="color: blue; margin: 0;">POMMES NATURE</p> <p style="color: blue; margin: 0;">DESSERT DU JOUR</p>
MERCREDI 21/05	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: green; margin: 0;">POTAGE AUX POIREAUX 9</p> <p style="color: green; margin: 0;">PATES 1-3-7</p> <p style="color: green; margin: 0;">CARBONARA O</p> <p style="color: green; margin: 0;">DESSERT DU JOUR U</p>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: magenta; margin: 0;">POTAGE AUX POIREAUX 9</p> <p style="color: magenta; margin: 0;">FILET DE DINDE O</p> <p style="color: magenta; margin: 0;">EPINARDS A LA CREME 7-12</p> <p style="color: magenta; margin: 0;">POMMES NATURE U</p> <p style="color: magenta; margin: 0;">DESSERT DU JOUR</p>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: blue; margin: 0;">POTAGE</p> <p style="color: blue; margin: 0;">CUISSSE DE POULET</p> <p style="color: blue; margin: 0;">COMPOTE</p> <p style="color: blue; margin: 0;">POMMES NATURE</p> <p style="color: blue; margin: 0;">DESSERT DU JOUR</p>
JEUDI 22/05	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: green; margin: 0;">POTAGE AUX CHICONS 9</p> <p style="color: green; margin: 0;">VIANDE BURGER SCE BEARNAISE 3-7-10</p> <p style="color: green; margin: 0;">SALADE O</p> <p style="color: green; margin: 0;">POMMES GRENAILLES U</p> <p style="color: green; margin: 0;">DESSERT DU JOUR</p>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: magenta; margin: 0;">POTAGE AUX CHICONS 9</p> <p style="color: magenta; margin: 0;">FILET DE DINDE O</p> <p style="color: magenta; margin: 0;">EPINARDS A LA CREME 7-12</p> <p style="color: magenta; margin: 0;">POMMES NATURE U</p> <p style="color: magenta; margin: 0;">DESSERT DU JOUR</p>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: blue; margin: 0;">POTAGE</p> <p style="color: blue; margin: 0;">CUISSSE DE POULET</p> <p style="color: blue; margin: 0;">COMPOTE</p> <p style="color: blue; margin: 0;">POMMES NATURE</p> <p style="color: blue; margin: 0;">DESSERT DU JOUR</p>
VENDREDI 23/05	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: green; margin: 0;">POTAGE AUX CAROTTES O</p> <p style="color: green; margin: 0;">FILET CABILLAUD SCE OSTENDAISE 1-7-12</p> <p style="color: green; margin: 0;">BROCOLI MIX U</p> <p style="color: green; margin: 0;">POMMES NATURE</p> <p style="color: green; margin: 0;">DESSERT DU JOUR</p>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: magenta; margin: 0;">POTAGE AUX CAROTTES O</p> <p style="color: magenta; margin: 0;">STEAK ARDENNAIS U</p> <p style="color: magenta; margin: 0;">HARICOTS BEURRE</p> <p style="color: magenta; margin: 0;">POMMES NATURE</p> <p style="color: magenta; margin: 0;">DESSERT DU JOUR</p>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: blue; margin: 0;">POTAGE</p> <p style="color: blue; margin: 0;">CUISSSE DE POULET</p> <p style="color: blue; margin: 0;">COMPOTE</p> <p style="color: blue; margin: 0;">POMMES NATURE</p> <p style="color: blue; margin: 0;">DESSERT DU JOUR</p>
MENU DU WEEK-END LIVRÉ LE VENDREDI			
SAMEDI 24/05	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: green; margin: 0;">POTAGE DU JOUR</p> <p style="color: green; margin: 0;">STEAK ARDENNAIS</p> <p style="color: green; margin: 0;">HARICOTS BEURRE</p> <p style="color: green; margin: 0;">POMMES NATURE</p> <p style="color: green; margin: 0;">DESSERT DU JOUR</p>	O U	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: blue; margin: 0;">POTAGE</p> <p style="color: blue; margin: 0;">CUISSSE DE POULET</p> <p style="color: blue; margin: 0;">COMPOTE</p> <p style="color: blue; margin: 0;">POMMES NATURE</p> <p style="color: blue; margin: 0;">DESSERT DU JOUR</p>
DIMANCHE 25/05	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: green; margin: 0;">POTAGE DU JOUR</p> <p style="color: green; margin: 0;">FILET DE DINDE</p> <p style="color: green; margin: 0;">POIREAUX A LA CREME 7</p> <p style="color: green; margin: 0;">POMMES NATURE</p> <p style="color: green; margin: 0;">DESSERT DU JOUR</p>	O U	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: blue; margin: 0;">POTAGE</p> <p style="color: blue; margin: 0;">CUISSSE DE POULET</p> <p style="color: blue; margin: 0;">COMPOTE</p> <p style="color: blue; margin: 0;">POMMES NATURE</p> <p style="color: blue; margin: 0;">DESSERT DU JOUR</p>

MENU FROID A RECHAUFFER

FOUR PRECHAUFFE 150°C PENDANT 30 MINUTES

FOUR MICRO-ONDES - PUISSANCE 500 W PENDANT 2-3 MINUTES

CONSERVATION DES REPAS : AU FRIGO + 4°C MAXIMUM ET 3 JOURS MAXIMUM



ALLERGENES :



gluten

= 1



soja

= 6



sésame

= 11



crustacés

= 2



lait

= 7



sulfites

= 12



oeufs

= 3



fruits à coque

= 8



lupin

= 13



poisson

= 4



céleri

= 9



molluques

= 14



arachide

= 5



moutarde

= 10