

NOM :	ADRESSE :
PRÉNOM :	



SEMAINE DU 18 AU 24 MAI 2026

RESERVATION AVANT LE JEUDI

NUMERO DE TELEPHONE : **087/69.33.10** ou MAIL : **repas@cpas-herve.be**



MERCI DE COMPLETER VOTRE CHOIX DANS LES CASES CI-DESSOUS EN INDIQUANT LE NOMBRE DE REPAS SOUHAITÉ ET DE RENDRE LA FEUILLE A NOS AGENTS POUR JEUDI AU PLUS TARD

	MENU DU JOUR	MENU DE REMPLACEMENT	3ème CHOIX
	MENU FROID A RECHAUFFER	MENU FROID A RECHAUFFER	NE PAS RECONGELER ! MENU FROID A RECHAUFFER
RD 1			
LUNDI 18/05	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: green; margin: 0;">VELOUTE DE CHAMPIGNONS 1-7</p> <p style="color: green; margin: 0;">BŒUF AUX OIGNONS 7 O</p> <p style="color: green; margin: 0;">LEGUMES D'ÉTÉ 7 U</p> <p style="color: green; margin: 0;">GRATIN DAUPHINOIS</p> <p style="color: green; margin: 0;">DESSERT DU JOUR</p>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: magenta; margin: 0;">VELOUTE DE CHAMPIGNONS 1-7</p> <p style="color: magenta; margin: 0;">ROTI DE PORCS SCE MOUTARDE 1-9</p> <p style="color: magenta; margin: 0;">COURGETTES AUX HERBES</p> <p style="color: magenta; margin: 0;">POMMES NATURE</p> <p style="color: magenta; margin: 0;">DESSERT DU JOUR</p>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: blue; margin: 0;">POTAGE 1-7</p> <p style="color: blue; margin: 0;">VOL AU VENT 1-7</p> <p style="color: blue; margin: 0;">POMMES NATURE</p> <p style="color: blue; margin: 0;">DESSERT DU JOUR</p>
MARDI 19/05	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: green; margin: 0;">POTAGE AU BUTTERNUT 7 O</p> <p style="color: green; margin: 0;">MINI BOULETTES 7 U</p> <p style="color: green; margin: 0;">SCE TOMATES AUBERGINES OLIVES</p> <p style="color: green; margin: 0;">POMMES NATURE</p> <p style="color: green; margin: 0;">DESSERT DU JOUR</p>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: magenta; margin: 0;">POTAGE AU BUTTERNUT 1-9</p> <p style="color: magenta; margin: 0;">ROTI DE VEAU SCE POIVRADE 7 O</p> <p style="color: magenta; margin: 0;">COURGETTES AUX HERBES 7 U</p> <p style="color: magenta; margin: 0;">POMMES NATURE</p> <p style="color: magenta; margin: 0;">DESSERT DU JOUR</p>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: blue; margin: 0;">POTAGE 1-7</p> <p style="color: blue; margin: 0;">VOL AU VENT 1-7</p> <p style="color: blue; margin: 0;">POMMES NATURE</p> <p style="color: blue; margin: 0;">DESSERT DU JOUR</p>
MERCREDI 20/05	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: green; margin: 0;">POTAGE AUX POIREAUX 9</p> <p style="color: green; margin: 0;">PATES AU PESTO 1 O</p> <p style="color: green; margin: 0;">BLANC DE POULET 7-12 U</p> <p style="color: green; margin: 0;">SCE CHAMPIGNONS CREME</p> <p style="color: green; margin: 0;">DESSERT DU JOUR</p>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: magenta; margin: 0;">POTAGE AUX POIREAUX 7 O</p> <p style="color: magenta; margin: 0;">POISSON PANE SCE TARTARE 7-12 U</p> <p style="color: magenta; margin: 0;">EPINARDS A LA CREME</p> <p style="color: magenta; margin: 0;">POMMES NATURE</p> <p style="color: magenta; margin: 0;">DESSERT DU JOUR</p>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: blue; margin: 0;">POTAGE 1-7</p> <p style="color: blue; margin: 0;">VOL AU VENT 1-7</p> <p style="color: blue; margin: 0;">POMMES NATURE</p> <p style="color: blue; margin: 0;">DESSERT DU JOUR</p>
JEUDI 21/05	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: green; margin: 0;">POTAGE AUX CHICONS 10 O</p> <p style="color: green; margin: 0;">CREPINETTE SCE MOUTARDE 10 U</p> <p style="color: green; margin: 0;">DUO DE CAROTTES</p> <p style="color: green; margin: 0;">POMMES GRENAILLES</p> <p style="color: green; margin: 0;">DESSERT DU JOUR</p>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: magenta; margin: 0;">POTAGE AUX CHICONS 7 O</p> <p style="color: magenta; margin: 0;">POISSON PANE SCE TARTARE 7-12 U</p> <p style="color: magenta; margin: 0;">EPINARDS A LA CREME</p> <p style="color: magenta; margin: 0;">POMMES NATURE</p> <p style="color: magenta; margin: 0;">DESSERT DU JOUR</p>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: blue; margin: 0;">POTAGE 1-7</p> <p style="color: blue; margin: 0;">VOL AU VENT 1-7</p> <p style="color: blue; margin: 0;">POMMES NATURE</p> <p style="color: blue; margin: 0;">DESSERT DU JOUR</p>
VENDREDI 22/05	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: green; margin: 0;">POTAGE AUX CAROTTES 7 O</p> <p style="color: green; margin: 0;">CUISSÉ DE POULET 7 U</p> <p style="color: green; margin: 0;">SALADE DE CONCOMBRES</p> <p style="color: green; margin: 0;">PUREE</p> <p style="color: green; margin: 0;">DESSERT DU JOUR</p>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: magenta; margin: 0;">POTAGE AUX CAROTTES 7 O</p> <p style="color: magenta; margin: 0;">STEAK ARDENNAIS 7 U</p> <p style="color: magenta; margin: 0;">HARICOTS BEURRE</p> <p style="color: magenta; margin: 0;">POMMES NATURE</p> <p style="color: magenta; margin: 0;">DESSERT DU JOUR</p>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: blue; margin: 0;">POTAGE 1-7</p> <p style="color: blue; margin: 0;">VOL AU VENT 1-7</p> <p style="color: blue; margin: 0;">POMMES NATURE</p> <p style="color: blue; margin: 0;">DESSERT DU JOUR</p>
MENU DU WEEK-END LIVRÉ LE VENDREDI			
SAMEDI 23/05	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: green; margin: 0;">POTAGE DU JOUR 7 O</p> <p style="color: green; margin: 0;">STEAK ARDENNAIS 7 U</p> <p style="color: green; margin: 0;">HARICOTS BEURRE</p> <p style="color: green; margin: 0;">POMMES NATURE</p> <p style="color: green; margin: 0;">DESSERT DU JOUR</p>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="font-size: 2em; margin: 0;">O</p> <p style="font-size: 2em; margin: 0;">U</p>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: blue; margin: 0;">POTAGE 1-7</p> <p style="color: blue; margin: 0;">VOL AU VENT 1-7</p> <p style="color: blue; margin: 0;">POMMES NATURE</p> <p style="color: blue; margin: 0;">DESSERT DU JOUR</p>
DIMANCHE 24/05	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: green; margin: 0;">POTAGE DU JOUR 7 O</p> <p style="color: green; margin: 0;">BOULETTE 7 U</p> <p style="color: green; margin: 0;">COMPOTE</p> <p style="color: green; margin: 0;">POMMES NATURE</p> <p style="color: green; margin: 0;">DESSERT DU JOUR</p>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="font-size: 2em; margin: 0;">O</p> <p style="font-size: 2em; margin: 0;">U</p>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: blue; margin: 0;">POTAGE 1-7</p> <p style="color: blue; margin: 0;">VOL AU VENT 1-7</p> <p style="color: blue; margin: 0;">POMMES NATURE</p> <p style="color: blue; margin: 0;">DESSERT DU JOUR</p>

MENU FROID A RECHAUFFER

FOUR PRECHAUFFE 150°C PENDANT 30 MINUTES

FOUR MICRO-ONDES - PUISSANCE 500 W PENDANT 2-3 MINUTES

CONSERVATION DES REPAS : AU FRIGO + 4°C MAXIMUM ET 3 JOURS MAXIMUM



ALLERGENES :



gluten

= 1



soja

= 6



sésame

= 11



crustacés

= 2



lait

= 7



sulfites

= 12



oeufs

= 3



fruits à coque

= 8



lupin

= 13



poisson

= 4



céleri

= 9



molluques

= 14



arachide

= 5



moutarde

= 10