

NOM :	ADRESSE :
PRÉNOM :	



SEMAINE DU 15 AU 21 JUIN 2026

RESERVATION AVANT LE JEUDI

NUMERO DE TELEPHONE : **087/69.33.10** ou MAIL : repas@cpas-herve.be



MERCI DE COMPLETER VOTRE CHOIX DANS LES CASES CI-DESSOUS EN INDIQUANT LE NOMBRE DE REPAS SOUHAITÉ ET DE RENDRE LA FEUILLE A NOS AGENTS POUR JEUDI AU PLUS TARD

RD 1

MENU DU JOUR

MENU DE REMPLACEMENT

3ème CHOIX

NE PAS RECONGELER !
MENU FROID A RECHAUFFER

MENU FROID A RECHAUFFER

MENU FROID A RECHAUFFER

	MENU FROID A RECHAUFFER		MENU FROID A RECHAUFFER		3ème CHOIX MENU FROID A RECHAUFFER
LUNDI 15/06	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: green; margin: 0;">VELOUTE DE CHAMPIGNONS 1-7</p> <p style="color: green; margin: 0;">CORDON BLEU 7</p> <p style="color: green; margin: 0;">DUO DE CAROTTES O</p> <p style="color: green; margin: 0;">POMMES NATURE U</p> <p style="color: green; margin: 0;">DESSERT DU JOUR</p>		<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: magenta; margin: 0;">VELOUTE DE CHAMPIGNONS 1-7</p> <p style="color: magenta; margin: 0;">ROTI DE BOEUF SCE POIVRADE 1-9</p> <p style="color: magenta; margin: 0;">COURGETTES AUX HERBES</p> <p style="color: magenta; margin: 0;">POMMES NATURE</p> <p style="color: magenta; margin: 0;">DESSERT DU JOUR</p>		<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: blue; margin: 0;">POTAGE 1-7</p> <p style="color: blue; margin: 0;">CORDON BLEU 1-7</p> <p style="color: blue; margin: 0;">COMPOTE</p> <p style="color: blue; margin: 0;">POMMES NATURE</p> <p style="color: blue; margin: 0;">DESSERT DU JOUR</p>
MARDI 16/06	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: green; margin: 0;">POTAGE JULIENNE 9</p> <p style="color: green; margin: 0;">PAUPIETTE DE VEAU O</p> <p style="color: green; margin: 0;">RATATOUILLE U</p> <p style="color: green; margin: 0;">POMMES NATURE</p> <p style="color: green; margin: 0;">DESSERT DU JOUR</p>		<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: magenta; margin: 0;">POTAGE JULIENNE 9</p> <p style="color: magenta; margin: 0;">ROTI DE VEAU SCE POIVRADE 1-9</p> <p style="color: magenta; margin: 0;">COURGETTES AUX HERBES</p> <p style="color: magenta; margin: 0;">POMMES NATURE</p> <p style="color: magenta; margin: 0;">DESSERT DU JOUR</p>		<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: blue; margin: 0;">POTAGE 1-7</p> <p style="color: blue; margin: 0;">CORDON BLEU 1-7</p> <p style="color: blue; margin: 0;">COMPOTE</p> <p style="color: blue; margin: 0;">POMMES NATURE</p> <p style="color: blue; margin: 0;">DESSERT DU JOUR</p>
MERCREDI 17/06	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: green; margin: 0;">POTAGE ANDALOU 7</p> <p style="color: green; margin: 0;">FILET DE DINDE SCE SUPREME O</p> <p style="color: green; margin: 0;">CREMEUX DE POMMES DE TERRE 7</p> <p style="color: green; margin: 0;">ET POIREAUX U</p> <p style="color: green; margin: 0;">DESSERT DU JOUR</p>		<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: magenta; margin: 0;">POTAGE ANDALOU 7</p> <p style="color: magenta; margin: 0;">FILET DE DINDE O</p> <p style="color: magenta; margin: 0;">BRUNOISE U</p> <p style="color: magenta; margin: 0;">POMMES NATURE</p> <p style="color: magenta; margin: 0;">DESSERT DU JOUR</p>		<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: blue; margin: 0;">POTAGE 1-7</p> <p style="color: blue; margin: 0;">CORDON BLEU 1-7</p> <p style="color: blue; margin: 0;">COMPOTE</p> <p style="color: blue; margin: 0;">POMMES NATURE</p> <p style="color: blue; margin: 0;">DESSERT DU JOUR</p>
JEUDI 18/06	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: green; margin: 0;">POTAGE LENTILLES CORAIL ET CAROTTES 4</p> <p style="color: green; margin: 0;">POISSON PANE SCE REMOULADE 10</p> <p style="color: green; margin: 0;">SALADE DE CONCOMBRES 7</p> <p style="color: green; margin: 0;">PUREE U</p> <p style="color: green; margin: 0;">DESSERT DU JOUR</p>		<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: magenta; margin: 0;">POTAGE LENTILLES CORAIL ET CAROTTE 4</p> <p style="color: magenta; margin: 0;">FILET DE DINDE 10</p> <p style="color: magenta; margin: 0;">BRUNOISE 7</p> <p style="color: magenta; margin: 0;">POMMES NATURE U</p> <p style="color: magenta; margin: 0;">DESSERT DU JOUR</p>		<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: blue; margin: 0;">POTAGE 1-7</p> <p style="color: blue; margin: 0;">CORDON BLEU 1-7</p> <p style="color: blue; margin: 0;">COMPOTE</p> <p style="color: blue; margin: 0;">POMMES NATURE</p> <p style="color: blue; margin: 0;">DESSERT DU JOUR</p>
VENDREDI 19/06	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: green; margin: 0;">POTAGE AUX NAVETS 7</p> <p style="color: green; margin: 0;">CUISSÉ DE POULET SCE ESTRAGON O</p> <p style="color: green; margin: 0;">SALADE DE TOMATES 7</p> <p style="color: green; margin: 0;">POMMES NATURE U</p> <p style="color: green; margin: 0;">DESSERT DU JOUR</p>		<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: magenta; margin: 0;">POTAGE AUX NAVETS 7</p> <p style="color: magenta; margin: 0;">STEAK ARDENNAIS O</p> <p style="color: magenta; margin: 0;">CELERI A LA CREME 7</p> <p style="color: magenta; margin: 0;">POMMES NATURE U</p> <p style="color: magenta; margin: 0;">DESSERT DU JOUR</p>		<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: blue; margin: 0;">POTAGE 1-7</p> <p style="color: blue; margin: 0;">CORDON BLEU 1-7</p> <p style="color: blue; margin: 0;">COMPOTE</p> <p style="color: blue; margin: 0;">POMMES NATURE</p> <p style="color: blue; margin: 0;">DESSERT DU JOUR</p>
MENU DU WEEK-END LIVRÉ LE VENDREDI					
SAMEDI 20/06	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: green; margin: 0;">POTAGE DU JOUR 7</p> <p style="color: green; margin: 0;">STEAK ARDENNAIS</p> <p style="color: green; margin: 0;">CELERI A LA CREME</p> <p style="color: green; margin: 0;">POMMES NATURE</p> <p style="color: green; margin: 0;">DESSERT DU JOUR</p>		O U		<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: blue; margin: 0;">POTAGE 1-7</p> <p style="color: blue; margin: 0;">CORDON BLEU 1-7</p> <p style="color: blue; margin: 0;">COMPOTE</p> <p style="color: blue; margin: 0;">POMMES NATURE</p> <p style="color: blue; margin: 0;">DESSERT DU JOUR</p>
DIMANCHE 21/06	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: green; margin: 0;">POTAGE DU JOUR 7</p> <p style="color: green; margin: 0;">FILET DE DINDE</p> <p style="color: green; margin: 0;">RATATOUILLE</p> <p style="color: green; margin: 0;">POMMES NATURE</p> <p style="color: green; margin: 0;">DESSERT DU JOUR</p>		O U		<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <input style="width: 100%; height: 20px;" type="text"/> </div> <p style="color: blue; margin: 0;">POTAGE 1-7</p> <p style="color: blue; margin: 0;">CORDON BLEU 1-7</p> <p style="color: blue; margin: 0;">COMPOTE</p> <p style="color: blue; margin: 0;">POMMES NATURE</p> <p style="color: blue; margin: 0;">DESSERT DU JOUR</p>

MENU FROID A RECHAUFFER

FOUR PRECHAUFFE 150°C PENDANT 30 MINUTES

FOUR MICRO-ONDES - PUISSANCE 500 W PENDANT 2-3 MINUTES

CONSERVATION DES REPAS : AU FRIGO + 4°C MAXIMUM ET 3 JOURS MAXIMUM



ALLERGENES :



gluten

= 1



soja

= 6



sésame

= 11



crustacés

= 2



lait

= 7



sulfites

= 12



oeufs

= 3



fruits à coque

= 8



lupin

= 13



poisson

= 4



céleri

= 9



molluques

= 14



arachide

= 5



moutarde

= 10